



OUR STORY

The Mess & Barracks is the culmination of a long-held vision by the Ararat RSL, and in 2023, that dream became a reality with the acquisition of the historic Courthouse Hotel. This unique space is crafted with one purpose in mind: to serve as a welcoming haven for veterans and the incredible community that stands by them. Here, we offer a place where you can come together, share stories, and forge new memories. It’s a space designed not just for our veterans, but for the next generation to find connection, support, and camaraderie.

The Ararat RSL has always been committed to fostering a sense of community that extends far beyond its walls. With The Mess and Barracks, we are proud to take that mission to the next level. This is a place where friendships are built, laughter is shared, and everyone—whether local or visiting from beyond the region—feels like family.

“The Mess” is our dining area, where great food and conversation are always on the menu. “The Barracks” offers comfortable accommodations for community members, visitors, and veterans alike. We can’t wait to see this space become a vibrant hub for connection, storytelling, and unforgettable experiences.

Thank you for joining us on this exciting journey. We look forward to creating lasting memories with you, your loved ones, and all who walk through our doors. Welcome to The Mess and Barracks!



BEVERAGES

HOT

C 4.50 | M 5.50 | POT OF TEA 6.50

COFFEE

Latte | cappuccino | espresso | chocolate | long black | short black | flat white | mocha | decaffeinated
Almond | soy | lactose free | oat 0.50

POT OF TEA

English breakfast | lemon & ginger | chamomile | peppermint

COLD

7

Iced coffee | iced latte | iced chocolate
Almond | soy | lactose free | oat 0.50
Add syrup caramel | vanilla 0.50

SMOOTHIES

9

SNICKERS

Banana | peanut butter | dates | cocoa | chia | vanilla extract | almond milk (N)

TROPICAL EUCALYPTUS BLISS

Mango | pineapple | passionfruit | banana | macadamia | honey | coconut water | mint (N)

GREEN GODDESS

Spinach | avocado | cucumber | banana | coconut | chia

MILKSHAKES

9

Chocolate | vanilla | strawberry

SOFT DRINK

5

Energy drink | coke | no sugar | post mix | tonic

CHAI

Spiced | turmeric | vanilla | dirty

ICED TEA

6

Mango | peach | strawberry

FRESHLY SQUEEZED JUICE

10

PRETTY IN PINK

Watermelon | strawberries | apples

ORANGE CRUSH

Oranges | carrots | ginger

MINTED

Spinach | apples | cucumber | celery | mint | ginger

TROPICAL MIX

Pineapple | mango | lychee | apple | passionfruit

ALCOHOLIC

18

SUNRISE STRAWBERRY MIMOSA

Grand Marnier | strawberry | orange juice | sparkling wine

BLOODY MARY

Vodka | lemon | tomato juice | salt | pepper | Tabasco | Worcestershire | celery

8AM - 11:30AM



BREAKFAST

ALL DAY BREAKFAST FRI SAT SUN

LAZY-BREKKIE BURGER

EGG N BUN 12

Soft bun | bacon | egg | tomato relish | golden hash brown | spinach | BBQ sauce

MUSHROOM N BUN (GFO, V) 14

Soft bun | confit portabella | smash avocado | golden hash brown | spinach | chipotle sauce

EGGS YOUR WAY 15

EGGS POACHED/ SCRAMBLED W SOURDOUGH OR MULTIGRAIN TOAST

SIGNATURE EGG BENNY ON BRIOCHE BUN

Smoked salmon (I) | wilted spinach | poached egg | hollandaise | dill pesto 26

Bacon & ham | wilted spinach | poached egg | hollandaise | veggie crisps 23

MORNING SWEET TOOTH TREAT 16

Pancakes | crispy bacon | maple syrup

Pancakes | fresh berries | whipped cream | chocolate sauce

Crepes | fresh berries | whipped cream | chocolate sauce (N)

SIDES: Ice Cream | maple syrup | nutella (N) | honey | blueberries 2

LITTLE SOLDIERS (12 YEARS OLD & UNDER) 10

EGGS ON TOAST WITH BACON

HAM + CHEESE TOASTIE

NUTELLA ON TOAST (N)

CREPES, MAPLE SYRUP, VANILLA WHIPPED CREAM

M&B SMASHED AVO (GFO, V) 22

Seasonal mussy avo | avo mousse | preserved cherry tomato | crumbed feta | dill

M&B BREKKY 24

Chipolata sausage | bacon | avocado | roast tomato | spinach | hashbrown | beans | eggs

SIDES:

Gluten free option 2 Hollandaise 3
Tomato relish | mayo | aioli 2 Tomato | feta | hash brown 4.5
Burger sauce 3

Avocado | charred greens | mushrooms | eggs 4
Bacon | smoked salmon (I) | salt + pepper haloumi 5

All served with your choice of sourdough or multigrain

M.R.E. TOASTIES

HALOUMI TOASTIE (GFO, V) 18

Turkish bread | crispy haloumi | olive tapenade | spinach | preserved tomato

Bacon 5 | fries 5

CHICKEN TOASTIE (GFO, N) 18

Sourdough | chicken | cheddar cheese | crispy bacon | avocado | pesto mayo

Fries 5

All served with your choice of traditional sourdough / multigrain

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DIETARY REQUIREMENTS? JUST ASK

Vg vegan | **V** vegetarian | **Gf** gluten free
Gfo gluten free option | **S** seafood | **N** nuts present

Seafood origin: **(A)** Australian
(I) Imported | **(M)** Mixed origin

While we make every effort to accommodate gluten-free requests, we cannot guarantee a completely gluten-free environment. Our food is prepared in a space where gluten is present, and cross-contamination may occur. Please dine with caution if you have a severe gluten allergy. Thank you for your understanding!

